

## Competition Hair & Makeup Workshop

Step onto the ice looking and feeling your best! This hands-on workshop is designed for **figure skaters of all ages** to learn the essentials of hair and makeup for competition day.

### Who Can Attend?

All skaters are welcome—**yes, even our youngest skaters under 11** (with a parent present). For our younger participants, this is a great way to:

- Build comfort with the competition routine before their first big event
- Learn how hair and makeup can boost confidence and stage presence
- Bond with parents while practicing a skill they'll use for years to come

### What We'll Cover:

- **Hair Styles for Competition** – From sleek buns to secure ponytails, we'll go over styles that stay put through spins, jumps, and long days at the rink.
- **Makeup 101** – Learn age-appropriate application for competition, including how to make features stand out under bright arena lighting and from a distance.
- **Why Competition Makeup is Different** – Unlike everyday makeup, competition makeup is designed to withstand hours of skating, intense lighting, and the need to project facial expressions all the way to the judges' table. We'll cover how to achieve a polished, performance-ready look that complements your costume and music.
- **Product Tips & Tricks** – What works, what lasts, and how to apply it quickly on those early competition mornings.

### What to Bring:

Please bring your own hair and makeup tools as well as a mirror so you can practice with what you'll actually use on competition day. Please inquire for a more specific list if required.